

Melissa M. Marciano, LMHC, NCC  
Licensed Mental Health Counselor #15410  
National Certified Counselor

Confidential Client Information

The following information will be kept as a part of your confidential records. Please fill out as completely as possible.

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Name \_\_\_\_\_ Social Security Number \_\_\_\_\_ Date \_\_\_\_\_

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Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone# \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Partner Status \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Years \_\_\_\_\_

Education \_\_\_\_\_

May I contact you at work? \_\_\_\_\_ Work Number \_\_\_\_\_

Briefly describe your reasons for seeking services at this time: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Have you ever received services for this or similar reasons in the past? If so, when and where, and what was the outcome? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please list any and all health problems you are currently experiencing: \_\_\_\_\_

\_\_\_\_\_

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When was the last time you saw your Physician?: \_\_\_\_\_

Name of your Physician: \_\_\_\_\_

Please list all medications; prescribed and/or over the counter of which you are currently taking: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list family members and significant others:

Name	Relationship	Age	Occupation
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please circle any that have been of concern to you in the last 30 days:

- |                        |                                 |                   |
|------------------------|---------------------------------|-------------------|
| Nervousness            | Feeling worthless, Depressed    | Suicidal Thoughts |
| Shyness                | Sexual Problems                 | Financial Issues  |
| Unsure of abilities    | Divorce/End of Relationship     | Lack of Friends   |
| Eating Problems        | Loss of self-control            | Unhappiness       |
| Alcohol Use            | Stress                          | Work Issues       |
| Drug Use               | Headaches                       | Fatigue           |
| Guilt                  | Memory Problems                 | Anger             |
| Fear of Failure        | Inferiority feelings/Nightmares | Health Problems   |
| Concentration problems | Marriage/Relationship Issues    | Children          |

Sleep Disturbance	Feeling Empty	Anxiety
Legal Matters	Obsessions	Temper
Sexual Orientation	Education	Body Image
Weight	Self-Esteem	Loneliness
Parent(s)	Hearing Voices	Exercise
Hopelessness	Tearfulness	Seeing strange things

Have you or anyone in your family ever experienced mental health problems, drinking problems, drug addiction, depression or anxiety?? Please describe: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

If you use alcohol, how many drinks per week? \_\_\_\_\_ Have you been drinking more lately? \_\_\_\_\_

How much caffeine (coffee, tea, cola, chocolate, etc) do you drink/eat in a typical day? \_\_\_\_\_

Time of day that you consume the caffeine? \_\_\_\_\_

Any recent changes in your eating habits? \_\_\_\_\_ If so, please describe: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

List any other kinds of drugs you have used, legal or illegal: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Has anyone mentioned or made comments about your drinking, drug use, or eating habits recently? \_\_\_\_\_. If so, please describe: \_\_\_\_\_

\_\_\_\_\_

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Were you referred to this office, and by whom? \_\_\_\_\_

If this person was a professional do I have your permission to confirm with this individual that you came for an appointment? \_\_\_\_\_

Whom should I contact in case of an emergency? \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

*Appointments are reserved specifically for you. Therefore, you will be responsible for payment of appointments that are not cancelled 24hrs in advance, unless they are caused by situations both you and I would define as an emergency.*

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Client Signature

Date